

Manager, Student Inform

From: Inform
Subject: EM: Apply to be a CMC Peer Health Ambassador!

From: Neilson, Jess

Are you passionate about health, wellness and well-being? Do you want to promote healthy attitudes and behaviors to your fellow CMC peers?

Join the DOS Mental Health & Health Promotion team in welcoming our brand-new Peer Health Ambassador program!

We are hiring 6 Peer Health Ambassadors to join our inaugural team this academic year.

Peer Health Ambassadors (PHAs) support the education, growth, and development of students with a special focus on health and well-being and the acquisition of lifelong healthy lifestyle habits through peer-led mentorship and leadership. PHAs are students who are trained in areas of multidimensional and inclusive well-being and peer leadership with the goal of creatively delivering healthy messaging to the student body.

The PHA program will cover a broad spectrum of multidimensional health areas including, but not limited to:

- Mental health and emotional well-being
- Alcohol and other substances
- Sexual Health and Healthy Relationships
- Nutrition and Body Image

PHAs will facilitate interactive and engaging outreach opportunities designed to promote healthy lifestyles that foster a safe and inclusive campus environment. Some responsibilities include:

- Facilitate health-related presentations for student organizations, classes, residence halls, among other CMC groups
- Develop, market, implement, and evaluate programs, events, and workshops aimed at achieving measurable objectives
- Engage and educate students while leading by example

PHAs build their resumes with some of the following skills:

- NASPA Certified Peer Educator
- Health and wellness content training
- Leadership, project management, marketing, communication skills and more!

Additional Details:

This is a paid position (both work study and non-work study) and offers approximately 4-8 hours per week.


Full job description, expectations and application materials can be found on Handshake


Please reach out to jneilson@cmc.edu or cizaguirre@cmc.edu with any questions

APPLY ON HANDSHAKE

Search for “Peer Health Ambassador (CMC only)”



Jess Neilson  *Senior Assistant Dean of Students for Mental Health and Health Promotion*
Dean of Students Office

Heggblade Center
Claremont McKenna College 
Phone: 909.607.7293
Fax: 909.621.8495
Pronouns: she/her/hers

[Click Here for CMC's Mental Health Resources](#)

If you are in psychological crisis, please call 909.621.8202 to reach an on-call therapist, 24/7. If you are concerned about someone, please consider making a referral [here](#).