

**Tkach, Colleen**

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**From:** Inform  
**Subject:** EM: Become QPR certified! Mental Health and Suicide Prevention Training

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**From:** Neilson, Jess

Want to become a certified mental health and suicide prevention gatekeeper?

This Friday 11/18, Jess Neilson from the Dean of Students office and Maeve Conte, ASCMC Mental Health & Wellness Liaison, will be hosting a QPR training session for students from 12-3pm. [QPR](#) (Question, Persuade, Refer) is a mental health awareness and suicide prevention workshop in which students will learn facts and warning signs of suicide and other mental health crises and practice how to respond to a friend or peer who may be experiencing emotional distress.

Space is limited. Please sign up via the link below. Lunch will also be provided!

**LINK TO SIGN-UPS:**

<https://forms.gle/ZVHe37jHAiyXwJt16>

\*Note: This workshop will be discussing difficult topics in detail.

