

Manager, Student Inform

From: Inform
Subject: EM: Club Soda - First Event This Saturday!

From: Neilson, Jess

Say Hello to one of our newest initiatives: **Club Soda!**

Club Soda is a substance-free gathering and social space open to CMC students each Saturday night during the Fall semester.

For folks who want to limit their substance use, live a sober lifestyle, are in recovery or just want a weekend off from the party scene, Club Soda would love to have you!

Come by for our first event this Saturday from 9pm – midnight! Join in on a **Mario Kart tournament**, play some board games, enjoy snacks and make some new friends!

Every Saturday from 9pm-midnight in the Heggblade Annex (the little building hidden between Heggblade and McKenna Auditorium)

Programming and activities will vary week to week



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[Click Here for CMC's Mental Health Resources](#)

If you are in psychological crisis, please call 909.621.8202 to reach an on-call therapist, 24/7. If you are concerned about someone, please consider making a referral [here](#).