

## Manager, Student Inform

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**From:** Inform  
**Subject:** EM: A Very Nishmat Tashlich + Havdalah on Mt. Baldy

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**From:** Hava Sprung

TLDR:

- Next Nishmat event! Tashlich + Havdalah at the Mount Baldy
- Leaving 4:30pm on Saturday from outside Honnald-Mudd library
- Want to come? Add name (and car if you have) to [this spreadsheet](#)



Shana Tova from Nishmat!

What is Nishmat? We are an independent, student-run and led 5C Jewish collective. If you like singing, being in radical Jewish community, and reclaiming ritual and community in the name of joy, consciousness, and liberation, come check us out (and follow us on our Instagram [@nishmat5c](#)).

This Saturday, we will be hosting a Havdalah and Tashlich service at Mount Baldy. Tashlich is a Jewish ritual performed in between Rosh Hashanah and Yom Kippur in which people symbolically cast away things they wish to leave behind in the previous year by throwing pebbles, bread, leaves, etc. in a body of water. Havdalah is the holiday that marks the transition between Shabbat and the rest of the week.

We will be departing for the service at 4:30 pm on Saturday, October 1st (gonna catch sunset!). Given this event is off campus, we'll be relying on student carpooling and have limited spots. **Please sign up to drive or to get a ride using [this google sheet](#).** Drivers and carpoolers plan to meet outside Honnold-Mudd library at 4:30pm on Saturday.

We will be singing Havdalah songs and prayers to end the night. Have a guitar or other musical instrument? Please bring it! Bring snacks and picnic blankets if you'd like :)

If you have any questions or accessibility concerns please reach out! You can contact Mimi: 781-296-7568 or Hava: 206-713-8644 or feel free to dm us on instagram [@nishmat5c](#). Or just respond to this email.

# Nishmat Tashlich and Havdallah

Join us for song, reflection, mountaintop  
sunset views, and grounding in our Jewish  
community at Baldy.



Saturday, October  
1st,  
4:30, Outside  
Honnald Library

Please sign up to  
reserve car  
space