

Tkach, Colleen

From: Inform
Subject: EM: The EmPOWER Center Presents a Series on Healthy Relationships

From: Rima Shah

The EmPOWER Center presents *Let's Talk About It*
3:30-4:30pm on 10/4, 10/18, 11/1, 11/15, & 11/29
At the CARE Center, CMC. All 7C students welcome.
First 5 attendees at each session win a gift card!

The EmPOWER Center presents

Let's Talk About It:

A Conversation Series on Healthy Relationships

Facilitated by a House of Ruth educator

**Alternate Wednesdays, 3:30-4:30pm
at the CARE Center at CMC**

Oct. 4: Healthy Relationships 101
Oct. 18: Boundaries and Consent
Nov. 1: Gender Stereotypes
Nov. 15: Coping with Anger
Nov. 29: Communication Skills

All 7C students welcome. Join for one or more sessions.
**First five attendees at each session
win a gift card to Bert & Rocky's in the Village!**

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EmPOWER Center

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