

Tkach, Colleen

From: Inform
Subject: EM: The EmPOWER Center presents a Mindful Movement Workshop!

From: Rima Shah

The EmPOWER Center presents a **Mindful Movement Workshop**

Join us for an evening of healing and restorative movement.

7-8pm, Nov. 18th at the Richardson Dance Studio on the Scripps campus.

First 10 attendees receive a LUSH shower jelly.

Open to all 7C students.



Rima Shah, MPH, MA
Director, EmPOWER Center
The Claremont Colleges
1030 N. Dartmouth Ave | Claremont, CA | 91711
Office: (909) 607-2689
Pronouns: She/Her/Hers

website | 7Csupportandprevention.com

instagram | instagram.com/empowercenterclaremont/

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mail-bn7nam10on2120.outbound.protection.outlook.com (Rima Shah
<RShah@scrippscollege.edu>)