

Tkach, Colleen

From: Inform
Subject: EM: The EmPOWER Center presents a Mindful Movement Workshop!

From: Rima Shah

The EmPOWER Center presents a **Mindful Movement Workshop**
Join us for an evening of healing and restorative movement.
7-8pm, Nov. 18th at the Richardson Dance Studio on the Scripps campus.
First 10 attendees receive a LUSH shower jelly.
Open to all 7C students.



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