

Tkach, Colleen

From: Inform
Subject: EM: TFH Operational Hours

From: 'Deborah Gisvold' via Students

Hello Scripps Community,

As we transition from our summer hours to the academic year please note the following hours for the remainder of this week:

Thursday, August 22:

TFH Open: 10-1pm, 4-6pm
Pool Open: 11am-1pm, 4-6pm

Friday, August 23:

TFH Open: 10-1pm
Pool Open: 11am-1pm

Sunday, August 25: TFH Expo for New and Transfer Students

FitScripps Group Fitness Classes: Pilates - 8am-9am
FitScripps Group Fitness Classes: Kickboxing - 9am-10am
FitScripps Group Fitness Classes: Zumba - 10am-11am
Drop-In Work Outs: 8am-11am, 1-5pm
Tours & Meet the PHEs/Coordinators: 1-5pm
Pool Open: 1pm-3pm:

Sunday, August 25: Scripps Community (Returning Students, Faculty/Staff & Consortia/TFH Members)

Drop-In Work Outs: 8am-11am, 1-5pm
Pool Open (Scripps Community): 3pm-5pm:

Starting **Monday, August 26th** our academic hours begin, see the attached flyers for hours, access levels and holiday/college closures. Pool hours will be contingent upon lifeguard availability. We will send out an update with revised hours if needed. Finally, please note, **TFH will be closed on Saturday, August 31** for staff training.

Regards,

Deborah A. Gisvold, M.Ed.

Assistant Dean

Director of Tiernan Field House

Pronouns: She/Her/Hers

909-607-8810

Schedule a Meeting with me via Zoom or Phone using this link: <https://calendly.com/dgisvold>

For more information about support and resources at Scripps visit CARE@SCRIPPS. If you are currently experiencing a psychologically distressing moment, you can reach a therapist 24/7 via 909-621-8202 or [7C Health](#) to access online therapy support.



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