

Tkach, Colleen

From: Inform
Subject: EM: The EmPOWER Center Presents a Series on Healthy Relationships

From: Rima Shah

The EmPOWER Center presents *Let's Talk About It*
3:30-4:30pm on 10/9, 10/23, 11/6, & 11/20
At the CARE Center, CMC. All 7C students welcome.
First 2 attendees at each session win a Jelly Cat!!



The EmPOWER Center presents

Let's Talk About It:

A Conversation Series on Healthy Relationships

Facilitated by House of Ruth educators

Alternate Wednesdays, 3:30-4:30pm
at the CARE Center at CMC

Oct. 9: Healthy Relationships 101
Oct. 23: Healthy Communication
Nov. 6: Boundaries and Consent
Nov. 20: Coping with Anger

All 7C students welcome. Join for one or more sessions.
First two attendees at each session win a Jelly Cat!

FMI: rshahempower@claremont.edu

EmPOWER Center

Rima Shah, MPH, MA
Director, EmPOWER Center
The Claremont Colleges
1030 N. Dartmouth Ave | Claremont, CA | 91711
Office: (909) 607-2689
Pronouns: She/Her/Hers

website | 7Csupportandprevention.com
instagram | [instagram.com/empowercenterclaremont/](https://www.instagram.com/empowercenterclaremont/)

This e-mail from RShah@scrippscollege.edu was generated by an EXTERNAL email server
mail-bn8nam12on2098.outbound.protection.outlook.com (Rima Shah
<RShah@scrippscollege.edu>)