

**Subject:** EM: EmPOWER Center Presents - Stack of Love on Feb. 14th & More  
**Date:** Wednesday, February 12, 2025 at 2:39:28 PM Pacific Standard Time  
**From:** Inform  
**Attachments:** image002.png, image003.png

**From:** Rima Shah

Join the EmPOWER Center for *Stack of Love*  
Eat pancakes, create a self-care kit, and reflect on relationships that bring you joy!  
11am-1pm on Feb. 14<sup>th</sup> at the Grove House, Pitzer  
&  
Would you like to speak with someone confidentially about red flags in a relationship?  
Please know the EmPOWER Center is here to support you.  
Scroll down for more information or contact [rshahempower@claremont.edu](mailto:rshahempower@claremont.edu).

The EmPOWER Center Presents

# Stack of Love

In collaboration with the Grove House, Pitzer Advocates, & Pitzer Strive2Thrive

Feb. 14 • The Grove House • 11am-1pm

Drop by the Grove House on Valentine's day to eat yummy pancakes, create your own self-care kit, and reflect on the relationships in your life that bring you joy. Open to all 7C students.

First 5 attendees get a Jellycat!

face-masks!

chocolate!

tiny skateboards!

contact mpuckett7525@scrippscollege.edu FMI

Need to speak with  
someone  
confidentially about  
red flags in a  
relationship?

**Contact Rima Shah, director of the  
EmPOWER Center and a confidential  
advocate:**

#909.607.2689

rshahempower@claremont.edu

*\* Services are available to all 7C students.*

*\*\*The EmPOWER Center also provides free counseling services to 7C  
survivors. For more details: 7CSupportandPrevention.com*

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Pronouns: She/Her/Hers

website | [7CSupportandPrevention.com](http://7CSupportandPrevention.com)  
instagram | [instagram.com/empowercenterclaremont/](https://www.instagram.com/empowercenterclaremont/)

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