

Tkach, Colleen

From: Inform
Subject: EM: Neuroscience Thesis Invite: Brain Health, Memory and Social Engagement Workshop

From: Tom Borowski

Strengthening Social Connection & Brain Health *Interactive* Workshop

Hosted by Serena Lin '25 (Neuroscience Thesis)

Thu Apr 24, 11AM-12PM

Estella 1021

For all students, faculty & staff

Learn How to:

- Spark & capture memories
- Strengthen intergenerational bonds
- Connect w/ people with memory concerns
- Boost brain health

What to Expect:

- Latest thesis & research insights
- Hands-on demo + Live Q&A
- Take-home learning booklets

Snacks provided!

RSVP encouraged: <https://tinyurl.com/neuroworkshop47>

Strengthening Social Connection & Brain Health

Interactive workshop by Serena Lin PO'25 (Neuroscience Thesis)



Why Attend? Learn How To:

- Spark and capture precious memories
- Strengthen bonds across generations
- Connect with people who have memory concerns
- Boost brain health at any age

What to Expect

- Insights from latest thesis findings & 3+ years of research
- Hands on activity demo
- Live Q & A
- Take-home booklets for continued learning

Thursday, April 24th
11:00 AM - 12:00 PM
Estella Room 1021 (Pomona)

Open to all 7C faculty, staff, students, and community members interested in brain health and memory

Snacks provided :)

RSVP Encouraged!

Limited material available. RSVP helps with planning + submit questions for Q & A

tinyurl.com/neuroworkshop47

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