

Subject: EM: TFH Operational Hours - August 24-30, 2025
Date: Monday, August 25, 2025 at 9:34:39 AM Pacific Daylight Time
From: Inform
Attachments: image001.png, image002.png, image003.png, image004.png, image005.png

From: 'Deborah Gisvold'

Hello and Welcome to the Fall Semester 2025!

Please find the operational hours for TFH for the first week of classes. Note that TFH will be open Sunday, August 24th from 12-5pm, and will be closed on Saturday, August 30th for student training. We apologize for the inconvenience, please plan to visit us another time that week!

TFH Operational Hours: August 24-31, 2025

Building Hours*:

Sunday, August 24:	12:00 p.m. – 5:00 p.m.
Monday- Friday:	7:00 a.m. – 10:00 p.m.
Saturday:	Closed for Training
Sunday:	9:00 a.m. – 6:00 p.m.

***There are Scripps Only Hours in the building from 3:00pm to 7:00pm daily.**

Scripps Pool Hours*

Sunday, August 24:	12:00 p.m. – 2:00 p.m. (Scripps Undergrads Only), 2:00pm – 5:00pm
Monday-Thursday:	7:30 a.m. – 9:00 a.m., 11:30 a.m. – 1:00 p.m., 3:00 p.m. – 6:30 p.m.
Friday:	7:30 a.m. – 9:00 a.m., 12:00 p.m. – 2:00 p.m. (Scripps Undergrads Only), 2:00pm – 5:00pm
Saturday:	Closed for Training
Sunday**:	12:00 p.m. – 2:00 p.m. (Scripps Undergrads Only), 2:00pm – 5:00pm

***Pool Hours are contingent upon lifeguard availability.**

****Scripps Undergraduate Hours Only on Fridays, Saturdays, and Sundays from 12:00 p.m. to 2:00 p.m**

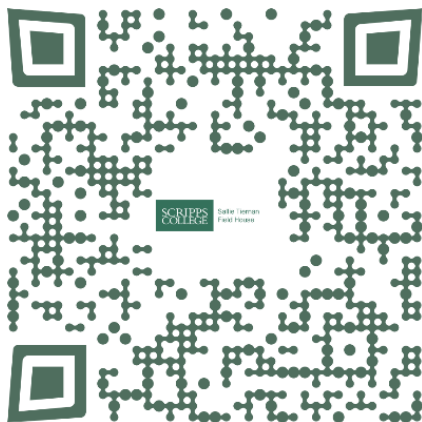
Facility Access Levels

Building and Pool: Students, Faculty and Staff from the Claremont Consortia, Alumna, Guests, and Household Members are welcome.

Memberships or Day Passes are Required: Scripps Alumna, Pitzer, Pomona, Keck Graduate Institute or Claremont Graduate University, and Household Members of Scripps, Claremont

Mckenna and Harvey Mudd. Group Fitness passes are also available with a membership purchase.

Guests: Scripps, Claremont Mckenna, and Harvey Mudd students, faculty and staff may bring a guest with a guest fee, ranging from free to \$10 per visit.



Use the [TFH Portal](#) for Memberships, Group Fitness classes, Health and Wellness programs, Facility Requests and Bike Registration: wellness.scrippscollege.edu

For More Information Contact TFH:

Phone: 909-607-8810 or **Website:** <http://inside.scrippscollege.edu/fieldhouse/>

Deborah A. Gisvold, M.Ed.
Assistant Dean
Director of Tiernan Field House
Pronouns: She/Her/Hers
909-607-8810

Schedule a Meeting with me via Zoom or Phone using this link:

<https://calendly.com/dgisvold>

For more information about support and resources at Scripps visit [CARE@SCRIPPS](#). If you are currently experiencing a psychologically distressing moment, you can reach a therapist 24/7 via 909-621-8202 or [7C Health](#) to access online therapy support.

SCRIPPS
THE WOMEN'S COLLEGE • CLAREMONT



To unsubscribe from this group and stop receiving emails from it, send an email to students+unsubscribe@lists.claremont.edu.