

**Tkach, Colleen**

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**From:** Inform  
**Subject:** EM: Upcoming HalloWellness Event

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**From:** Izaguirre, Chantal

**Hey CMC!**

The **Peer Health Ambassadors** are thrilled to invite you to our **3rd Annual HalloWellness Fair** — a *spooktacular* celebration of wellness, community, and self-care!



Join us on **Thursday, October 30th** from **3:00–5:00 PM** along **Flamson Plaza** for an afternoon full of treats, activities, and chances to win some exciting prizes. This event is dedicated to promoting wellness and community. This year, HalloWellness will also be a part of the Claremont College's

annual **5C Body Compassion Week**, a series of events across the Colleges dedicated to raising awareness, acceptance, and kindness toward all bodies.

*Some treats to look forward to include:*

**Free açai bowls** for attendees (while supplies last!)

**Trick-or-treat for wellness** at booths hosted by our amazing  
campus partners

**Raffle prizes** including: an essential oil diffuser + essential oil kit, an item of  
your choosing from the CMC Supply Shop (up to \$70!), & a mini  
Bluetooth screen projector

Stop by the booths of our wonderful campus & community partners including:

<b>1Gen!</b>	<b>QRC!</b>	<b>CARE Fellows!</b>	
<b>CPB!</b>	<b>Mi Gente!</b>	<b>Romero Success Coaches!</b>	
<b>CMS Rec!</b>	<b>HEO &amp; Nutrition Services!</b>	<b>MCAPS &amp; SHS!</b>	<b>and more!</b>

Come by to connect, learn something new, and take home some wellness goodies! We can't wait to see you there for a *boo-tiful* celebration of wellness and community!

Questions?

DM the Peer Health Ambassadors on Instagram **@cmcpeerhealth** or email **Chantal Izaguirre** ([cizaguirre@cmc.edu](mailto:cizaguirre@cmc.edu))

Sincerely,

**The Peer Health Ambassadors**

Follow us on Instagram [@cmcpeerhealth](https://www.instagram.com/cmcpeerhealth) for event updates and wellness resources!