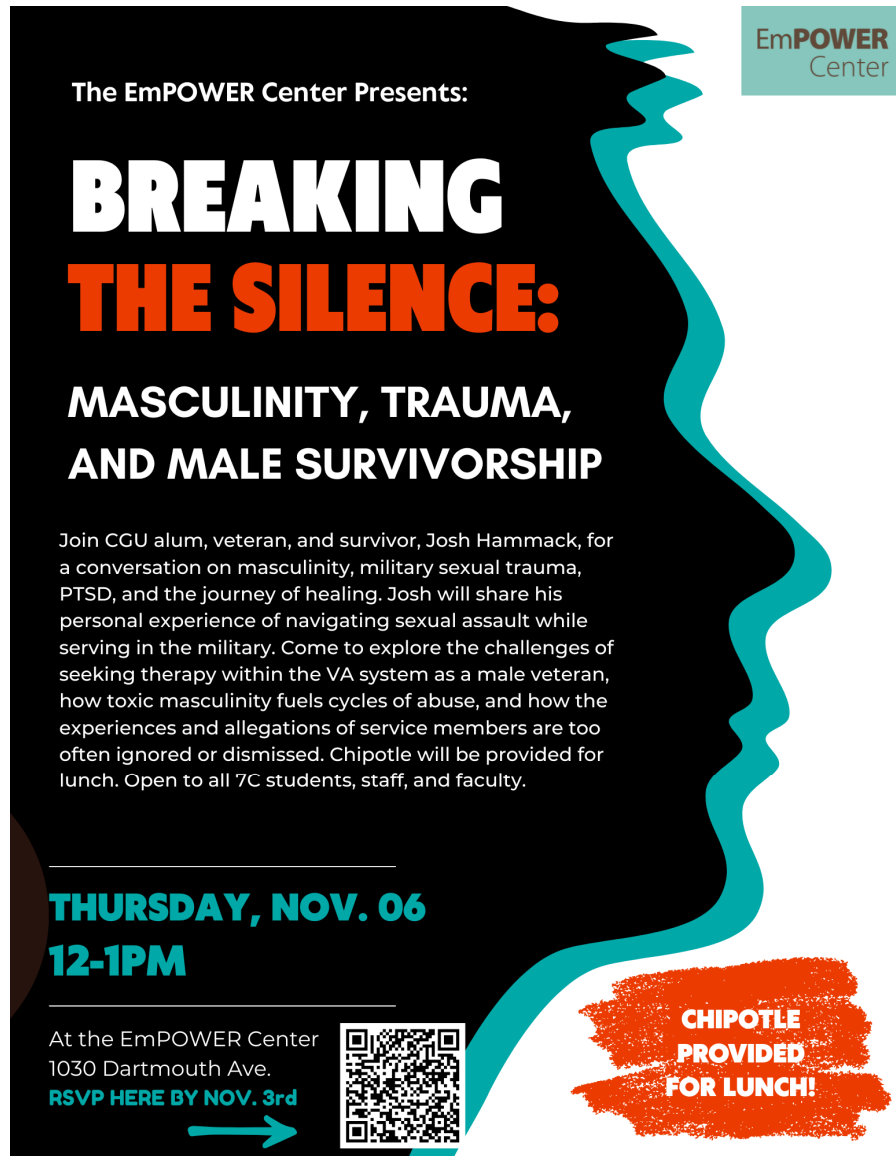


From: Inform
Subject: EM: The EmPOWER Center Presents - Breaking the Silence: Masculinity, Trauma, and Male Survivorship

From: Rima Shah



The EmPOWER Center Presents:


BREAKING THE SILENCE:

MASCULINITY, TRAUMA, AND MALE SURVIVORSHIP

Join CGU alum, veteran, and survivor, Josh Hammack, for a conversation on masculinity, military sexual trauma, PTSD, and the journey of healing. Josh will share his personal experience of navigating sexual assault while serving in the military. Come to explore the challenges of seeking therapy within the VA system as a male veteran, how toxic masculinity fuels cycles of abuse, and how the experiences and allegations of service members are too often ignored or dismissed. Chipotle will be provided for lunch. Open to all 7C students, staff, and faculty.

**THURSDAY, NOV. 06
12-1PM**

At the EmPOWER Center
1030 Dartmouth Ave.
RSVP HERE BY NOV. 3rd



**CHIPOTLE
PROVIDED
FOR LUNCH!**

The EmPOWER Center presents *Breaking the Silence: Masculinity, Trauma, and Male Survivorship*
12-1pm on 11/6 at the EmPOWER Center.
Register by 11/3 using the QR Code above. Chipotle provided for lunch!
Open to 7C students, staff, and faculty.

Rima Shah, MPH, MA
Director, EmPOWER Center
The Claremont Colleges
1030 N. Dartmouth Ave | Claremont, CA | 91711

Office: (909) 607-2689
Pronouns: She/Her/Hers

website | 7Csupportandprevention.com
instagram | [instagram.com/empowercenterclaremont/](https://www.instagram.com/empowercenterclaremont/)

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<RShah@scrippscollege.edu>)