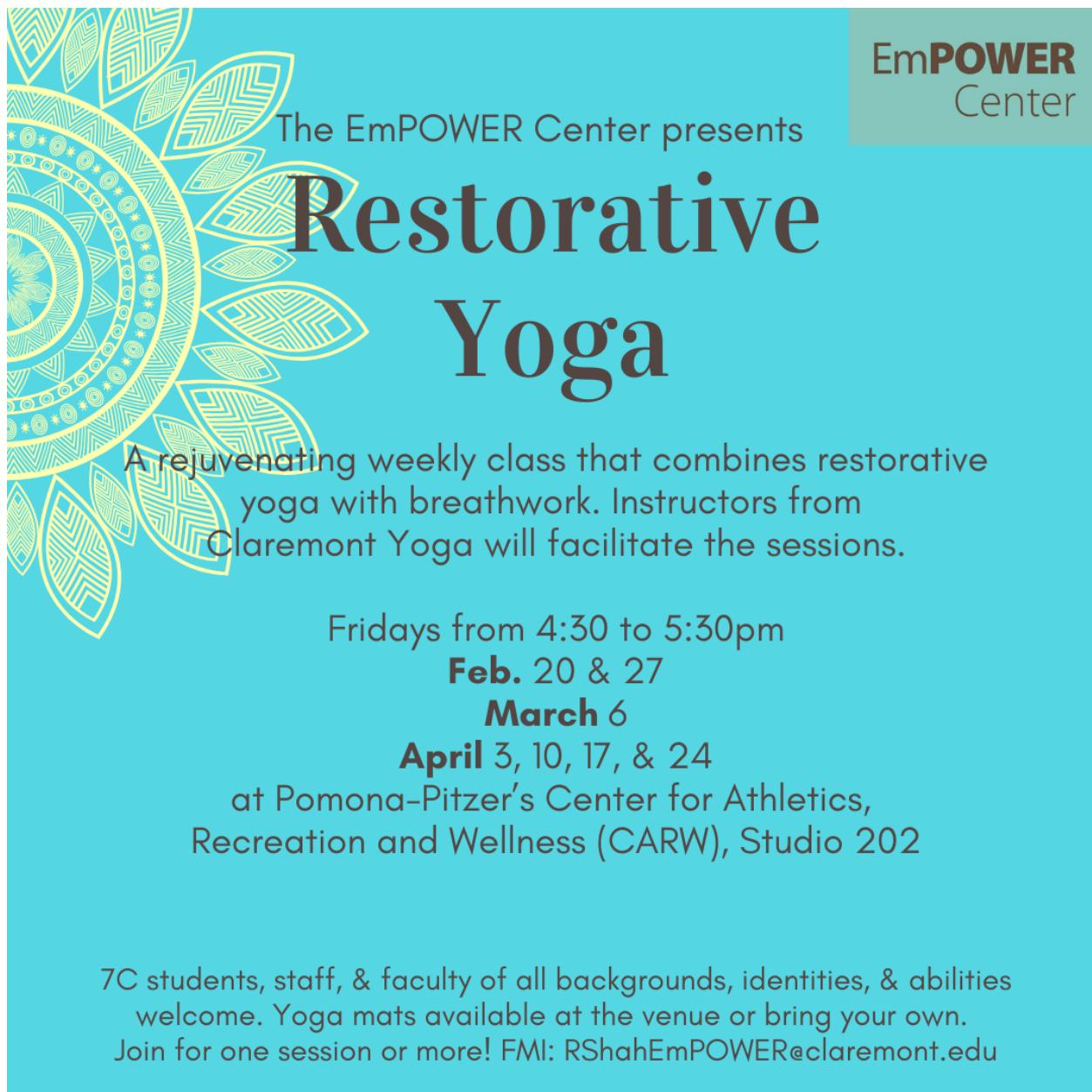


Friday, February 13, 2026 at 2:51:40 PM Pacific Standard Time

Subject: EM: The EmPOWER Center Presents a Weekly Restorative Yoga Series
Date: Friday, February 13, 2026 at 2:51:38 PM Pacific Standard Time
From: Inform
Attachments: image003.png

From: Rima Shah



EmPOWER presents a weekly Restorative Yoga series
Fridays, 4:30-5:30pm, 2/20 through 4/24
At Pomona-Pitzer's Center for Athletics, Recreation and Wellness, Studio 202

7C students, staff, and faculty of all backgrounds, identities, and abilities welcome.

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The Claremont Colleges
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Office: (909) 607-2689
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instagram | [instagram.com/empowercenterclaremont/](https://www.instagram.com/empowercenterclaremont/)

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