

Subject: EM: The EmPOWER Center Is Here To Support You
Date: Monday, October 5, 2026 at 9:13:16 AM Pacific Daylight Time
From: Inform
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From: Rima Shah

Please know the EmPOWER Center is available to support 7C students impacted by sexual assault, dating/domestic violence, or stalking.
Please don't hesitate to reach out to our confidential advocate, Rima Shah (director of EmPOWER), at 909.607.2689 or rshahempower@claremont.edu.
Or you can connect with our counseling services at 424.542.8880.
Both services are confidential and available without a long wait.
We are here for you.

How can I speak with a confidential advocate at the EmPOWER Center?

Contact Rima Shah, director of the EmPOWER Center and a confidential advocate, for an appointment:
#909.607.2689
rshahempower@claremont.edu

**Services are available to 7C students impacted by sexual assault, dating/domestic violence, or stalking, whether recently or in the past.
**You can also speak with Rima if you have questions related to healthy relationships or healthy boundaries.*

The EmPOWER Center's Free Counseling Services for 7C Survivors

EmPOWER partners with the Lavender Healing Collective to provide free, virtual, confidential, trauma-informed counseling services to 7C student survivors of sexual assault, dating/domestic violence, and stalking. Counseling is available to students of all gender identities without a long wait. To schedule, simply call 424.542.8880 or complete the form at lavenderhealingcollective.com/contact-us and identify yourself as a **"Claremont Colleges student accessing the EmPOWER Center's free counseling program."**

FMI: RShahEmPOWER@claremont.edu

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Pronouns: She/Her/Hers

website | 7Csupportandprevention.com
instagram | [instagram.com/empowercenterclaremont/](https://www.instagram.com/empowercenterclaremont/)

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